

Lukrdkkrj ikB; de dh ijh{kk ; kstuk  
 iEke rFkk f}rh; I etVj I = 2011&12 I siHko'ky  
 fo"k; & eukoKku

lk'ui =	lk'ui = dk ' kh'kd	vf/kdre vd	U; ure mRrh.kd
	'	I Snkfrd	Lkh-I h-b
I	Cognitive Processess -I	85	15
II	Research Methods & Statistics-I	85	15
III	Psychopathology -I	85	15
IV	Life Span Development-I	85	15
Practical	Practical -I	50	&-
Practical	Practical -II	50	&-

f}rh; I etVj I = 2011&12

I	Cognitive Processess -II	85	15	28	05
II	Research Methods & Statistics-II	85	15	28	05
III	Psychopathology -II	85	15	28	05
IV	Life Span Development-II	85	15	28	05
Practical	Practical -I	50	&-	17	&
Practical	Practical -II	50	&-	17	&

**Rkrh; rFkk prFkz I etVj I = 2012&13 I s i Hkkokhy**

I'ui =	I'ui = dk ' khd	vf/kdre vd		U; ure mRrh.khd	
		I gnfid	Lkh-I h-b	I gnfurd	Lkh-I h-b
I	Psychology of Personality -I	85	15	28	05
II	Social Psychology-I	85	15	28	05
III	Counselling Psychology -I	85	15	28	05
IV	Clinical Psychology-I	85	15	28	05
Practical	Practical -I	50	&-	17	&
Practical	Practical -II	50	&-	17	&

**prFkz I etVj I = 2012&13**

I	Psychology of Personality -II	85	15	28	05
II	Social Psychology -II	85	15	28	05
III	Organizational behaviour	85	15	28	05
IV	(Optional Paper) any one  (a) Psychological Assessment  (b) Psychology of Sports ( c) Health psychology  (d) Environmental Psychology  (e) Educational Psychology	85	15	28	05
Practical	Practical -I	50	&-	17	&
Project work		50	&-	17	&

# **DEVI AHILYA VISHWAVIDYALAYA,INDORE**

**Session 2011-12 onwards**

**Class M.A. Previous**

**Subject Psychology**

**Paper Title Paper 1- M.A. Previous Cognitive Processes-I**

**Semester I**

**Max marks – 85 + 15 CCE**

## **Unit .I Cognitive approach and Cognitive Psychology :**

Origin and current status of Cognitive Psychology, Information processing approach.

## **Unit .II Attention Process :**

Basic determinants, Selective attention and its theories. Divided attention and resource allocation. Biological basis.

## **Unit-III Perceptual Process :**

Perception Nature and Determinants. Bottom up and down approaches. Pattern recognition; Picture Perception. Depth Perception. Distance and Movement Perception.

## **Unit-IV Imagery :**

Cognitive Maps - Characteristics of Images relation, Size, Shape, Neuro-Physiological evidence and controversy, Cognitive Maps: Distance, Shape and Relative Positions.

## **Unit-V Decision Making :**

Algorithms and Heuristics representatives, availability anchoring and adjustment. The Framing effect and over confidence in decision.

## **Books Recommended :**

Galotti, K.M. (1999). Cognitive psychology in and outside laboratory, Mumbai : Thomson Asia.

Matlin, Margaret W. (1995). Cognitive (III ed.). Prism Books Pvt. Bangalore.

Reed, Stephen K. (1998). Cognition : Theory and application (IIled). Pacific

Grove, California : Brooks / Cole Publishing Company.

Hewes. Mary B. (1990). The psychology of human cognition. New York : Pergamon Press.

Snodgrass, Berger and Haydon (1985). Human experimental psychology. New Delhi: Oxford University Press

## **DEVI AHILYA VISHWAVIDYALAYA,INDORE**

### **Session 2011-12 onwards**

Class M.A. PSychology

Semester I

Paper Title Paper II - Research Methods & Statistics I

Total Marks 85+15 CCE

Unit- I : Nature of Research : The scientific approach, problem, Hypothesis, variables . types.

Unit- II : Techniques of data collection : Observation, questionnaire, Interview, Content Analysis.

Unit- III : Sampling : Meaning, Types and methods of sampling, sampling errors, Null Hypothesis, Type I & Type II Error, Level of significance.

Unit . IV : Correlation : Product moment method (grouped and ungrouped data), Biserial and tetrachoric correlation, Partial correlation.

Unit . V : Significant difference between means correlated and uncorrelated sample, Testing hypothesis . Chi Square.

#### **Recommended Readings:**

Broota, K. D. (1992). Experimental design in psychological research . New Delhi- Wiley eastern.

Edwards,A. K. (1976). Experimental design in psychological research. New york-Halt.

Mcguigan, F.J. (1990). Experimental Psychology: methods of Research. New Delhi-

Prentice hall.

Kerlinger, F. N. (1973). Foundations of Behavioural research. New Delhi-Surjeet.

Singh, A. K. ( ) Manovigyan samajshastra tatha shiksha me shodh vidhiya.  
Kapil, H. K.

Anusandhan Vidhiyan.

## **Session 2011-12 onwards**

**Class M.A.**

**Subject Psychology**

**Paper Title Paper III . Psychopathology -1**

**Semester I**

**Max marks – 85+15 CCE**

**Unit .I Normality and Abnormality :** Concept of normality and abnormality  
Classification of Mental Disorders : DSM IV & ICD-10.

**Unit .II Introduction to models of psychopathology :** psychosocial  
models of psychopathology : Psychodynamic, Behavioural,  
Cognitive, Humanistic and Existential.

**Unit-III Anxiety Disorders :** Panic disorders, Phobic disorders,  
Obsessive  
compulsive disorder, Generalized Anxiety disorders and PTSD  
(earthquake, storm etc. & life events)

**Unit-IV Somatoform Disorders :** Hypochondriasis, Pain disorders, body  
dysmorphic disorder, conversion & dissociative disorder.

**Unit-V Schizophrenia,** delusional disorder, Brief psychotic disorder.  
**Mood disorders :** Manic episode, Depressive episode, Bipolar  
affective disorder.

### **Books Recommended :**

- 1 Adams H.E. & Sutkar, F.G. (E.D.) (1984) Comprehensive Handbook of psychopathology. New York; Plenum Press.
- 2 Buss A.H. (1986) Psychopathology, London : Wiley.
- 3 Coleman J.C. (1988) Abnormal Psychology & Modern Life.
- 4 Friedman & Kaplan Text book of Psychiatry.
- 5 Kisker Disorganized Personality.
- 6 Maslow & Mittelman Principles of Abnormal Psychology.
- 7 Cameron Personality Development & Psychopathology.
- 8 Verma S.K. (1988) Mental illness and treatment.
- 9 J. Pandey Psychology in India : The state of the art (Vol. III) New Delhi Sage.

# **DEVI AHILYA VISHWAVIDYALAYA,INDORE**

## **Session 2011-12 onwards**

**Class - M.A.**

**Subject - Psychology**

**Semester - I**

**Paper - Paper .IV Life Span Development -1.**

**Max marks – 85+15 CCE**

### **Unit-1**

Nature, Principles and theories of Development, Issues and Controversies.

### **Unit-2**

Heredity and Environment .Meaning, Determinants, effects and relative importance.

### **Unit-3**

Methods of studying development, Observational, Correlational, and Experimental research, Longitudinal and Cross-sectional & Cross Cultural research.

### **Unit-4**

Physical and Motor Development : Importance, Stages and Patterns.

### **Unit-5**

Language Development:, Nature and theories, Stages of Development,  
Speech- forms of communication, Determinants of Language development.

### **Recommended Books:**

1. Crain M. (1950) Theories of Development, New Jersy Prentice Hall.
2. Hurlock E.G. (1986) Development Psychology (6<sup>th</sup> Edition), New Delhi Tata Mcgrawhill.
3. Hetherington M.E. & Park R.D.(1999), Child Psychology . A Comparative view point (Revised) Boston Mcgraw Hill.
4. Santrock Y.W.(1997) Life Span Development (7<sup>th</sup> Edition)
5. Berk Laura E. Child Development (Phi)
6. Shaffer David R. Developmental . Psychology, Childhood Adolences (Brock Cole)
7. Dr.D.n.Shrivastava & Preeti Verma- Bal Manovigyan: Bal Vikas (Vinod)

# **DEVI AHILYA VISHWAVIDYALAYA,INDORE**

## **Session 2011-12 onwards**

**Class M.A.**

**Subject Psychology**

**Paper Title Paper I . Cognitive Processes - II**

**Semester II**

**Max marks – 85+15 CCE**

**Unit .I Memory :** Sensory Memory : Iconic and Echoic memories . measures and empirical features. Short term memory : methodology; size, codes. Long term memory : Kinds.

**Unit .II Memory : Models :** Structure and levels of processing models : Tulving.s Episodic, Semantic and procedural Models; McClellands PDP approach.

**Unit-III Semantic Memory :** Nature, Methodology and structure. Models of semantic memory. Feature comparison model and network models.

**Unit-IV Concept formation :** well-defined concepts-features and rules; Empirical determinants and selection strategies. Ill-defined concepts (Natural Categories) : Empirical characteristics and models; Exemplar and Prototype models.

**Unit-V Meta Memory :** Meta Cognition; Tip of the tongue phenomenon. Mood and memory, Eyewitness testimony, memory improvement. Family resemblance, schemas in relation to memory.

### **Books Recommended :**

Galotti, K.M. (1999). Cognitive psychology in and outside laboratory, Mumbai : Thomson Asia.

Matlin, Margaret W. (1995). Cognitive (III ed). Prism Books Pvt. Bangalore.

Reed, Stephen K. (1998). Cognitive : Theory and application (IIled). Pacific Grove, California : Brooks / Cole Publishing Company.

Hewes. Mary B. (1990). The psychology of human cognition. New York : Pergamon Press.

Snodgrass, Berger and Haydon (1985). Human experimental psychology. New Delhi : Oxford University Press.

# **DEVI AHILYA VISHWAVIDYALAYA,INDORE**

## **Session 2011-12 onwards**

**Class - M.A.**

**Subject - Psychology**

**Paper Title - Paper II -Research methods & Statistics -II**

**Semester - Semester II**

**MM – 85+15 CCE**

**Unit . I**

Experimental design : introduction, Assumption of ANOVA, Between Group

Randomized block design .

**Unit . II**

Factorial design : Two Factor , three factor (only conceptual explanation), F Test one way and two way.

**Unit . III**

within group design; single and two factors ( Repeated measures)

Latin

square design , Time series design .

**Unit . IV**

Multiple group design ( with example), Duncans range test (DRT)

sign

test, Mann-whitney- U- TEST.

**Unit . V**

Ethical issues in psychological research, Application of computer in psychological research, writing research proposal and report.

**Recommended Readings:**

Broota, K. D. (1992). Experimental design in psychological research  
New Delhi- Wiley eastern.

Edwards,A. K. (1976). Experimental design in psychological research.  
New York-Halt.

Mcguigan, F.J. (1990). Experimental Psychology: methods of Research.

New Delhi- Prentice hall.

Kerlinger, F. N. (1973). Foundations of Behavioural research. New Delhi-

Surjeet.

Singh, A. K. ( ) Manovigyan samajshastra tatha shiksha me shodh  
vidhiya. Kapil, H. K. Anusandhan Vidhiyan.

## **DEVI AHILYA VISHWAVIDYALAYA,INDORE**

### **Session 2011-12 onwards**

**Class M.A. Psychology**

**Semester II**

**Paper Title Paper III- Psychopathology**

**Total Marks 85+15 CCE**

Unit . I : Psycho physiological disorders, coronary, heart disease, asthmatic  
allergy  
eczema, arthritis, ulcer, diabetes and menstrual disorders.

Unit . II : Disorders of personality- adjustment disorder, impulse disorder,  
substance  
related disorders, eating disorders, and sleep disorders.

Unit . III : Mental Deficiency- classification, types, causes and possible  
training of  
mentally deficient children.

Unit . IV : Therapies : Introduction ; Re-educative therapies- behavior therapy,  
client  
centered therapy, group therapy, family therapy.

Unit . V :  
Reconstructive therapy . Psychoanalysis, Holistic therapies, Yoga, Meditation  
and  
Biofeedback, Existential therapies, gestalt therapy, Transactional analysis.

## **DEVI AHILYA VISHWAVIDYALAYA,INDORE**

### **Session 2011-12 onwards**

**Class - M.A.**

**Subject - Psychology**

**Semester - II**

**Paper Title - Paper IV Life Span Development -II.**

**Total Marks 85+15 CCE**

**Unit-1**

**Social Development- Criteria & Stages, Determinants of Social**

Development, Development of Personality and self concept.

## Unit-2

Emotional Development: Importance, Norms and Determinants.  
Emotional maladjustment and Emotional Balance, Emotional Dominance, Heightened Emotionality, Regulation of Emotions.

## Unit-3

Theories pf Development- Piaget, Vygotsky, Kohlberg and Eric Erickson.

## Unit-4

Child & Family- Parental Attitude, Family Relationship and Determinants, The influence of Siblings and Sibling relationship, School environment and role of teacher.

## Unit-5

Development during adolescence: Characteristics, Physical, Psychological Social and Emotional aspects. Hazards of adolescence,  
Adulthood and Old age.

Recommended Books:-

1. Crain M. (1950). Theories of Development, New Jersey: Prentice Hall.
2. Hurlock E.G. (1986). Development Psychology (6<sup>th</sup> Edition), New Delhi :Tata Mcgrawhill.
3. Hetherington M.E. & Park R.D.(1999), Child Psychology . A Comparative view point (Revised) Boston Mcgraw Hill.
4. Santrock Y.W.(1997). Life Span Development (7<sup>th</sup> Edition)
5. Berk Laura E. ( ).Child Development (Phi)
6. Shaffer David R. Developmental . Psychology, Childhood Adolences (Brock Cole)
7. D. N. Shrivastava & Preeti Verma- Bal Manovigyan: Bal Vikas (Vinod)

Session 2011-12 Onwards

Class                   M.A. Psychology

Paper Title           Practical Work For I, II Semester

**Two Practicals of 50 marks each.**                   Total Marks 100

Total five Practicals which include experiments and tests will be conducted.

Students will be given two practicals in the examination for evaluation of 50 marks each. Marks distribution scheme will be as given below.

Total Marks : 50

Sessional :

10

Viva :

10

Conduction of Experiment or Test 30

## **DEVI AHILYA VISHWAVIDYALAYA,INDORE**

### **Session 2012-13 onwards**

**Subject - Psychology**

**Semester - III**

**Compulsory Paper .I Psychology of Personality - I**

**Max. Marks 100 & Internal Assessment 15 CCE**

**Particulars / fooj.k**

<b>Unit-1</b>	Introduction: The Concept of Personality, Various Theoretical Approaches to Personality, Determinants of Personality.
<b>Unit-2</b>	Psychoanalytic Theory: Freud, Adler, Jung.
<b>Unit-3</b>	Neo-Freudian Theory: Horney, Erich Fromm , Erickson.
<b>Unit-4</b>	Social learning Theory : Rotter, Bandura's observational learning, Skinner's Behavioristic Theory .
<b>Unit-5</b>	Theories of Personality: Mischel, Miller & Dollard and Seligman.
<b>Unit-6</b>	Humanistic Theory: Maslow, Rogers, Carl Rogers

#### **Suggested Readings :**

Recommended Books –

Liebert R.M. & Spiegler. M.D. Personality : Strategies and issues. Pacific Grove, California.

Hall. C.S., & Lindzey. G.(1978) Theories of personality. 3<sup>rd</sup> Ed. New York:J Willey & Sons.

Hjelle, L.A. & Zeigler , D.J.(1991). Personality theories:basic assumption, research & application.

Mcgrawhill, International book Co.

Pervin, L.A. (1975) Personality, theory. Assessment and research. NewYork:Willey.

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fl g v: .k dckj½ eukfoKku ds I Eink; , oabfrgkl ] ekshyky cukj I hnk A

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## **DEVI AHILYA VISHWAVIDYALAYA,INDORE**

**Session 2012-13 onwards**

**Subject - Psychology**

**Semester - III**

**Compulsory Paper .II Social Psychology I**

**Max. Marks vf/kdre vd %85+15 CCE**

### **Particulars / fooj .k**

<b>Unit-1</b>	Concept and Field of social psychology : Historical background, Theoretical approaches to social psychology – genetic, learning, cognitive, psychoanalytic and role theory.
<b>bdkbz &amp; 1</b>	I ekt eukfoKku dk iR; , oaf{ks] , frgkfl d i "BHKfe] I ekt eukfoKku ds I \$ kurd mikxe&tbdh;] vf/kxe] I KkukRed] eukfo' ysk. kkRed , oahkfedk fl ) kJrA
<b>Unit-2</b>	Relationship of Social psychology with other disciplines, Social Psychology as a applied science, Methods of Social psychology.

<b>bdkbz &amp; 2</b>	I ekt eukfoKku dk vU; fo"k; kA l s l cdk% i, Dr foKku ds: i e8 I ekt eukfoKku] I ekt eukfoKku dh fof/k; kA
<b>Unit-3</b>	Conformity- Nature and Determinants, Obedience, Pro-social behavior - Nature and determinants.
<b>bdkbz &amp; 3</b>	I ekuq i rk & i dfr , oafu/kj d] vkkdkfjrkj ifrl kekfd 0; ogkj & Lo: i , oafu/kj dA
<b>Unit-4</b>	Meaning of group. Group formation, decision making in Groups, Social facilitation and Social loafing, leadership - theories and styles.
<b>bdkbz &amp; 4</b>	I eg dk vFkj I eg dk fuEkkkj I eg eafu.kj ] I kekfd I jyhdj.kj I kekfd Jekou; u] usRo & fl ) kUr , oa 'kfy; kAa
<b>Unit-5</b>	Inter personal attraction: situational determinants and theoretical explanation. Aggression: Meaning, theories and management.
<b>bdkbz &amp; 5</b>	vUr%o\$ fDrd vkd"kk % ifjfLFkfrxr fu/kj d] ,oa l \$ kfurd 0; k[ ; k] vkkedr% vFkj fl ) kUr , oa i cakuA

### Suggested Readings :

Baron and Byrne (1998) Social Psychology, New Delhi : Prentice Hall

Baron (2001). Samajik Manovigyan. (9<sup>th</sup> ed.). New Delhi : Pearson

Feldman, R.S. (1998). Social Psychology. Singapore : McGraw Hill

Myers. D.G. (1998) Social Psychology, Singapore : McGraw Hill.

Tripathi, LB (1992) outline of social psychology, Delhi – Motilal Banarsi Das.

Tripathi, LB (1992) outline of social psychology, Delhi – Motilal Banarsi Das.

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# DEVI AHILYA VISHWAVIDYALAYA,INDORE

## Session 2012-13 onwards

**Subject - Psychology**

**Semester - III**

**Compulsory Paper .III Counselling Psychology**

**Max. Marks vf/kdre vd**

**%85+15 CCE**

**Particulars / fooj .k**

<b>Unit-1</b>	Guidance & Counselling: Meaning, goals and needs. Difference between guidance and counselling.  Counselling as a helping and therapeutic relationship.
<b>bdkb&amp;1</b>	ekxh'klu , oaijke'k%vFk mnns ; ]{ks , oavko' ; drkA ekxh'klu , oaijke'kzeavrja ijke'k , d l gk; d , oafpfdrI dh; l Ecu/k ds : i eA
<b>Unit-2</b>	Theories and techniques of counselling: Psychoanalytical theory & techniques, Behaviouristic theory & techniques, Cognitive theory & techniques and Humanistic theory & techniques.
<b>bdkb&amp;2</b>	ijke'k dsfl )kr , oarduhd%eukfo'ykkRed fl )kr , oarduhd] 0; ogkjoknh fl )kr , oa rduhd]l KlukRed fl )kr , oarduhd] ekuorkoknh fl )kr , oarduhdA
<b>Unit-3</b>	Counselling skills. Qualities of effective counselor. Ethical issues in counseling. Issues faced by new counselors
<b>bdkb&amp;3</b>	ijke'k dsdksky] iHkkoh i jke'kkrk ds xqkA ijke'kzeusrd epna u; si jke'kkrkvksds l efk vkusokys epna
<b>Unit-4</b>	Educational and Career counselling: Needs of counseling in schools. Counselling at different levels of education. Developing positive attitude and understanding about the world of work and various occupations. Class
<b>bdkb&amp;4</b>	'kSkf.kd , oadfj ; j l Ecu?kh i jke'k%Ldyka ea i jke'k dh vko' ; drkA f'kfk ds fofHklu Lrjk ij ijke'kA ifr l e> , oal dkjkr Red vftlkofRr dk fodkl djukA 0; ol k; kdk oxhdj.k A
<b>Unit-5</b>	Occupational Information: Aims & functions. Collection of Occupational Information. Dissemination of

	career related information.
<b>bdkb&amp;5</b>	0; kol kf; d l puk %mnas ; ,oa i dk; } 0; kol kf; d l puk dks , df=r djukA 0; ol k; l Ecl/kh l pukvks dk i t j.kA

## Recommended Readings

Belkin, G.S. (1998) Introduction to counselling W. G. Brown Publishers.

Nelson, J. (1982) The theory and practice of counseling Psychology.  
New York: Holt Rinehart and Winston.

Ben and Jr. (Ed.) (1977) Counselling Psychtherapy: Classiics on theories and issues Science and Behavior Books Co. Brammer. L.M. Shostrom, B.L. (1977) , Therapeutic Psychology: Fundamentals of Conselling of Pscyhotheeraphy. (3<sup>rd</sup>) Englewood Cliffs: Prentice Hall. Vdupa K.N. (1985) Stres and its management by Yoga, Delhi: Motilal Banarsi Das.

Swaminathan, V.D. and KAliappan, K.V. (1977) Psychology for affective living, behaviour modification guidance. Counselling and yoga. Chennai: madras psychology society.

Romm, D.C. and Maters, K.C. (1974) Behaviour therapy:Techniques and empiricla finding, New York : Johanwiley and sons.

Jiaswal, S.R. (1968) Guidance and Counselling. Lucknow,  
Ahemedabad.

Jones, A. (1970) (6<sup>th</sup> Edition) Principal of guidance. Bombay. Tata mac Graw Hill Publishing Co.

Rao.S. Narayan (1981) Counceling Psychology. Bombay. Tata mac Graw Hill Publishing Co.

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# **DEVI AHILYA VISHWAVIDYALAYA,INDORE**

## **Session 2012-13 onwards**

**Subject - Psychology**

**Semester - III**

**Compulsory Paper .IV Clinical Psychology उन्निकृष्ण एक्सामिनेशन**

**Max. Marks वर्षा क्रमांक**

**%85+15 CCE**

### **Particulars / विवर.**

<b>Unit-1</b>	Historical Perspective of Clinical Psychology. Models of Clinical Psychology : Psychodynamic, Behavioral, Interpersonal.
<b>बृहत्तमात्रा</b>	उन्निकृष्ण एक्सामिनेशन द्वारा दिये गये अवधारणा के बारे में विवरण।
<b>Unit-2</b>	Examination of psychiatric patient, psychiatric interview, psychiatric history and mental status examination. Symptoms of psychiatric illness.
<b>बृहत्तमात्रा</b>	एक्सीपीटी द्वारा दिये गये अवधारणा के बारे में विवरण।
<b>Unit-3</b>	Projective techniques: Origin and classification of projective techniques, Rorschach, TAT, Draw a person test, Clinical use of Projective test.
<b>बृहत्तमात्रा</b>	प्रोजेक्टिव टेक्निक्स के बारे में विवरण।
<b>Unit-4</b>	Clinical assessment: Nature and purpose. Clinical Interview, Case study. Collecting, processing and communicating assessment findings.
<b>बृहत्तमात्रा</b>	क्लिनिकल एवं असेसमेंट के बारे में विवरण।

<b>Unit-5</b>	Psychotherapies: Psychoanalytic, Client Centered, Cognitive therapy, Behavioral therapy : Behavior Modification, Desensitization, Assertive training.
<b>bdkb&amp;5</b>	eukf pfdRI k% eukfo' ysk. kRed] 0; fDr d[unr] I KkukRed fpfdRI k] 0; ogkj fpfdRI k] 0; ogkj i f jektu vI o[nhdj .k] n<xtgh if' k{k. kA

## Recommended Readings

Carson, R.C. & Butcher J.N. (1992) Abnormal psychology and modern life. Harper Collins.

Hecker. (2003) Introduction to clinical psychology. Delhi. Pearson.

Korchin. S.J. (1986) Modern Clinical psychology. Delhi CBS.

Nietzel, M.T. & Bernstein D.A. (1987) Introduction to clinical psychology (4<sup>th</sup> Ed.) Eaglewood

Cliffs, N.J. : Prentice Hall

Sarason, J.G. & Sarason, B.R. (2005) Abnormal psychology. Prentice Hall of India Pvt. Ltd. New Delhi

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Session 2012-13      Onwards

Class                    M.A. Psychology

Paper Title            Practical Work For III Semester

**Two Practicals of 50 marks each.**                    Total Marks 100

Total five Practicals which include experiments and tests will be conducted. Students will be given two practicals in the examination for evaluation of 50 marks each. Marks distribution scheme will be as given below.

Total Marks : 50

Sessional :                    10

Viva :                            10

## DEVI AHILYA VISHWAVIDYALAYA,INDORE

### Session 2012-13 onwards

**Subject - Psychology**

**Semester - IV**

**Compulsory Paper .I Psychology of Personality - II**

**Max. Marks vñf/kdrex vñd**

**%85+15 CCE**

#### **Particulars / fooj.k**

<b>Unit-1</b>	Schools of psychology: Structuralism Functionalism, Behaviorism, Gestalt - Salient features only.
<b>bdkbz &amp; 1</b>	EkuqñKku ds l Eink; & I j pukokn] 0; ogkjokn] xtVñW & dñy eñ; y{.ka
<b>Unit-2</b>	Dispositional Approaches: Allport's , Cattell's and Eysenck's theories.
<b>bdkbz &amp; 2</b>	'khyxqkkRed mikxe %vñy iñVñ dñy , oavkb tñd fl )krA
<b>Unit-3</b>	Humanistic Approaches: Maslow, Rogers and Murray
<b>bdkbz &amp; 3</b>	Ekuork oknh fl )kr ] ekl yñ jkst l z ,oa ej s
<b>Unit-4</b>	Kelley, Lewin, The five factors Model.
<b>bdkbz &amp; 4</b>	dñyñ yñou] iñp dkjd ifr: i
<b>Unit-5</b>	Personality inventories as assessment of dispositions: kinds, uses and limitations. Difference between inventory and projective technique.
<b>bdkbz &amp; 5</b>	vñrfjd xqkks ds eki u dh 0; fDrRo vuñ ph% iñdkj] mi ; kx ,oa l hek, j iñkñ h iñof/k , oa eñ vuñ ph vñj

#### **Suggested Readings :**

Recommended Books –

Liebert R.M. & Spiegler. M.D. Personality : Strategies and issues. Pacific Grove, California.

Hall. C.S., & Lindzey. G.(1978) Theories of personality. 3<sup>rd</sup> Ed. New York:J Willey & Sons.

Hjelle, L.A. & Zeigler , D.J.(1991). Personality theories:basic assumption, research & application.

Mcgrawhill, International book Co.

Pervin, L.A. (1975) Personality, theory. Assessment and research. NewYork:Willey.

frokjh] blnqkk , oank.kh] oh. kk/2001½ eukfoKku ds I Eink; , oabfrgkl ]  
Hkk ky&fgUnh xFk vdknehA

fl g v: .k dEjk eukfoKku ds I Eink; , oabfrgkl ] ekshyky cukjI hnkl A

fl g v: .k dEjk & 0; fDrRo dk eufoKkuA

## **DEVI AHILYA VISHWAVIDYALAYA,INDORE**

### **Session 2012-13 onwards**

**Subject - Psychology**

**Semester - IV**

**Compulsory Paper .II Social Psychology II (I ekt eukfoKku II)**

**Max. Marks Vf/kdre vd**

**%85+15 CCE**

#### **Particulars / fooj .k**

<b>Unit-1</b>	Attitude: Nature & Functions, Measurement of Attitude, Process of attitude change, Cognitive dissonance Theory.
<b>bdkbz &amp; 1</b>	vfkofRr % Lo: i , oai dk; } vfkofRr dk eki u] vfkofRr ifjorlu dk i Øe] I KkulRed fol Uukfnrk fl ) kurA
<b>Unit-2</b>	Inter group relation: Prejudice and Discrimination – Forming, maintaining and reducing prejudice.
<b>bdkbz &amp; 2</b>	vr% eg I cdk % iokxg , oahknkkko fuelzk] I aksk.k , oadehA
<b>Unit-3</b>	Social motive – Affiliation, Power, Achievement, Approval: concept and theoretical explanation.
<b>bdkbz &amp; 3</b>	I kelftd ij d & I cdk] ' kfDr] mi yfc/k , oavueknu % ir; ; , oal \$ kfurd 0; k[; kA
<b>Unit-4</b>	Person Perception & Determinates, Attribution: Concept, theories- Kelley, Jones & Davis and Weiner. Errors in attribution.
<b>bdkbz &amp; 4</b>	0; fDr ir; {khdj.k , oafu/kjd] xqkkjks .k & ir; ; ] fl ) kur& dyh tkl , oamfol , oaoxbujA xqkkjks .k ea=fV; kA

<b>Unit-5</b>	Communication : Verbal and Nonverbal Effective communication factors & barriers, Persuasive Communication Mass media, propaganda
<b>bdkbz &amp; 5</b>	I pkj%okfpd ,oa volfpd] i lko'ky I pkj dkjd ,oack/kk, l vup; kRed I pkj] tu I pkj vekl ehfM; k/z i pkjA

## Recommended Readings

Baron and Byrne (1998) Social Psychology, New Delhi : Prentice Hall

Baron (2001). Samajik Manovigyan. (9<sup>th</sup> ed.). New Delhi : Pearson

Feldman, R.S. (1998). Social Psychology. Singapore : McGraw Hill

Myers. D.G. (1998) Social Psychology, Singapore : McGraw Hill.

Tripathi, LB (1992) outline of social psychology, Delhi – Motilal Banarsi Das.

flag v:.k dqekj & lekt euksfoKku dh :i js[kk & eksrhyky cukjlh nkl A

## DEVI AHILYA VISHWAVIDYALAYA,INDORE

### Session 2012-13 onwards

**Subject - Psychology**

**Semester - IV**

**Compulsory Paper .III** Organizational Behaviour

**Max. Marks vf/kdre vd**

**%85+15 CCE**

**%Particular/fooj .k:**

I etVj &IV

<b>bdkbz &amp;1</b> <b>Unit- 1</b>	Historical background of OB: Hawthorne studies. Theoretical frame works: Cognitive, behaviorist and social learning frame work. Quality management Learning organizations- meaning and types.  I xBukRed 0; ogkj dh ,frgkfl d i "B&Hie A gkkvz v/; ; u] I \$ kfrd ik: i & I KkukRed] 0; ogkj Red ,oa I kekftd vf/kxe ik: iA xqkorrk icuku A vf/kxe I xBu& vFk ,oai dkj A
<b>bdkbz &amp;2</b> <b>Unit- 2</b>	Diversity: nature and characteristics Managing diversity. Ethics in organizations. Organizational Culture: Nature, creating and maintaining culture.  fofo/krk] Lo: i ,oafokkrk; A fofo/krk icuku A I xBukRed I xBukRed I idfr%idfr ,oa I idfr dk fuekzk ,oaj[kj [ko A

bdkb &3 Unit- 3	Motivation: Meaning Type. Theories of motivation: Maslow's hierarchy of needs, Herberg's theory, and Porter-Lawler theory. Techniques for enhancing motivation.  vfhkj .kk% vFk , oaidkj A vfhkj .kk dsfl )kr& ekW yks dk vko'; drk ikupe fl )kr A gjcxZfl )kr] iVj & ykj fl )kr A vfhkj .kk mlur djus dh ikof/k; k A
bdkb &4 Unit- 4	Group Dynamics: Nature and Types of groups. Teams in modern organization. Leadership: Classical studies on leadership, trait theories, contingency theory of leadership, path-goal theory.  I eq xfrdh] I eq dk Lo: i , oaidkj A vklfud I xBu dsny A usRo& usRo dk ikphu v/; ; u] 'ky xqk fl )kr] vikl fxdrk dk fl )kr] ikFlxky fl )kr A
bdkb &5 Unit- 5	Organizational Change: Nature and Types of change. Forces of change. Managing change. Organizational Development: Nature, and techniques of O.D. Interventions.  I xBukRed ifjorlu& Lo: i , oaidkj A ifjorlu dscy] ifjorlu iku] I xBukRed fodkl & gLr{ki dk Lo: i , oai kfof/k; k A

#### **Recommended Books:**

Luthans, F.(1995) Organizational Behavior. Newyork: McGraw Hill.

Robbins, S.P.(1996) Organizational Behavior. New Delhi: prentice Hall of India.

Chandan, J.S.(1998) Organizational Behavior. New Delhi: Vikas Publishing House Pvt. Ltd.

## **DEVI AHILYA VISHWAVIDYALAYA,INDORE**

### **Session 2012-13 onwards**

**Subject - Psychology**

**Semester - IV**

**Optional Paper .(any one) I Psychological Assessment**

**Max. Marks vf/kdre vd**

**%85+15 CCE**

:Particular/fooj .k:

	I etVj &IV
bdkb &1	Nature of psychological test: Nature and definition, characteristics, setting and purpose of tests. Characteristics of examinee, effects of examiner, Reliability and Validity concepts and types.

Unit- 1	eukoKlfud ijh{k.k%Lo: i ,oa i fjHkk"kk] fo'kskrk, ijh{k.k csmnns ; ,oafuelk] ijh{k.kFkhZ dh fo'kskrk; ijh{k.kd dk iHko] fo'ol uh; rk ,aooskrk] iR; ; ,oaidkj A
bdkbz &2	Types of tests: Test for Intelligence and Cognition: individual and group test. Verbal and non-verbal tests.
Unit- 2	ijh{k.kd ds idkj%cf) ,oalKku ds ijh{k.k] oSfDrcl ,oalkefgd ijh{k.k] 'kkfCnd ,oav'kkfCnd ijh{k.k A
bdkbz &3	Personality Assessment: History and development. Evaluation of frequently used personality inventories/questionnaires. Projective tests: Inkblot test (Rorschach). TAT, Draw a person test, Sentence completion test.
Unit- 3	0; fDrRo eki u%bfregkl ,oafodkl cgikk mi ;kxh 0; fDrRo vut fp; k <i>ezizukofy</i> ; k <i>dk eV</i> ; k <i>duVh,-Vh]</i> ekuo vkdfr fp=.k ijh{k.k] okD; i <i>frz ijh{k.k</i> A
bdkbz &4	Tests for special population: Tests for infants, motor and speech handicaps, learning disabilities, mental sub normality and learning handicapped.
Unit- 4	fof'k"V tul q;k ds ijh{k.k%f'k'k <i>Vk</i> ] xR; k <i>Red</i> ,oak. kh&fodyk <i>ek</i> I h[kus dh fu%k <i>Drrk</i> ] ekufl d mi I kekU; rk ,oavf/kxe fodyk <i>ek</i> ds ijh{k.k A
bdkbz &5	Personal Orientation Test and Rating scales: Types A behavior, locus of control. Attitude scales. Ethical Issues and Social Consideration in testing.
Unit- 5	0; fDrxr m <i>Ue</i> krk ijh{k.k ,oaj <i>Vk</i> eki fu; k <i>Vkbi</i> *, * 0; ogkj] fu; a.k m <i>Ue</i> krk v <i>ffkofRr</i> eki fu; k <i>ijh{k.k esufrd epns</i> , oalkeftd I j <i>dkj</i> A

### Recommended Readings:

Anastasi, A. (2005) Psychological Testing. New York. McMillan.

Freeman, F.S. (1978) Theory and practice of psychology testing. Oxford.

Shalini Bharat (1996). Family measurement in India, Sage: New Delhi.

Singh, A.K. (1998) Testing and Measurement in Psychology. New Delhi. Tata McGrawhill.

Kapil, H.K. (1995) Anusandhan Parichay, Agra.

Marphy, K.R. & David Soafer, C.O. (1998)

Psychological Testing, New Jersey Prentice Hall.

# **DEVI AHILYA VISHWAVIDYALAYA,INDORE**

## **Session 2012-13 onwards**

**Subject - Psychology**

**Semester - IV**

**Optional Paper II Psychology and Sports**

**Max. Marks vñ/kdre vñ**

**%85+15 CCE**

Particular/fooj .k:

I etVj &IV	
bdkb7 &1 Unit- 1	Methods of sports psychology: Observation, Interview, Tests and experiments; field study and surveys. Stages of psychomotor development of the Athlete-Childhood, pre-adolescence and adolescence. [ky eukfoKku dh fof/k; kñfujh{k.k] i jh{k.k , oa i z kx( {k v/ ; u rFkk I o{k.k A f[kykmh ds eukxfrdh; fodkl dh voLFkk, cky; koLFkk] i vZ fd' kñjkoLFkk , oafd' kñjkoLFkk A
bdkb7 &2 Unit- 2	Role of stress: Anxiety and attention in sports performance Arousal and Aggression in Sports. ifrcy dh Hñedrk% [ky fu'i knu eñf'prk rFkk vo/ku] [ky eamkyu ,oa vñkedrk A
bdkb7 &3 Unit- 3	Motivation: Psychological bases of motivation in sports. Enhancing intrinsic motivation: feedback, reinforcement and goal setting-peak performance, Achievement motivation and competitiveness. vfñkj .kk% [ky eñ vfñkj .kk ds eukoKkfud vk/kj A vñr%; vfñkj .kk dk vfñko/kj( QñMcñd] i pñkyu rFkk y{; fu/kj .k& ' kñfu'i knu] mi yfc/k vfñkj .kk ,oa i frLi /kñedrk A
bdkb7 &4 Unit- 4	Cognitive and psychological dimensions of individual and team sports: Audience effects Individual differences and their causes. o\$ fDrd rFkk I eñ [kyads I KkukRed , oaeukoKkfud vk; ke A Jkjk I eñ iñko] o\$ fDrd fofHñurk, , oamudk iñko A

bdkb7 &5 Unit- 5	Experience; psychomotor and psychological skills. Group processes, leadership and communication in to problems of your sports-persons. vukko] eukxR; kRed , oaeukoKlfud dkky] I ey i de] I ey [ky eausRo , oal i k.k] f[kylfM; kach euko
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Books Recommended

1: Arnold, D.L.U. : Sports psychology, Nation, J.R.91989) Chicago,

Nelson-hall.

2: Mohan, J.(1996) : Recent advances in sports Psychology- New Delhi-

Friend.

## DEVI AHILYA VISHWAVIDYALAYA,INDORE

### Session 2012-13 onwards

**Subject - Psychology**

**Semester - IV**

**Optional Paper III** Health Psychology/Health

**Max. Marks vf/kdre vd %85+15 CCE**

:Particular/fooj .k:

	I etVj &IV
bdkb7 &1 Unit- 1	Health psychology- Nature, scope and its interdisciplinary and socio-cultural contexts. The relationship of health psychology with clinical psychology behavioral medicine, gender and health. LokLF; eukoKku idfr , o{< o vllrlto;k; h , oal keftd] I kldfrd I nHZA LokLF; eukoKku dk uhfud eukoKku IsI cik A 0; ogkj vksf/k] fyx , oalokLF; A
bdkb7 &2 Unit- 2	Models of Health: Bio-psychological model, Health behaviors models, Self efficacy model. Concept of Yoga & Meditation. LokLF; ds ik; i A t b eukoKlfud ifr: i] LokLF; 0; ogkj] ik; i] Lol j{k.k ifr: i A ; ksk] ,oa/; ku dk I aR; ; A
bdkb7 &3 Unit- 3	Health promotion and disease prevention. Behavioural Risk Factors (e.g. drug and alcohol use, unsafe sexual behavior; smoking; diet, and sedentary life style.). LokLF; mU; Uu ,oajks] jkd/kke A 0; ogkj tks[ke dkjd 1mnkgj .k] vksf/k] ,oae   iku/ vlgf{kr yfxd 0; ogkj]] /kei ku] vkgkj ffkk vkjkeryc thou 'ksnA

bdkb7 &4 Unit- 4	<p>Stress, personality and Social support as psycho-social linkages of health, Cardio-vascular Disorders, AIDS/HIV, Diabetes, cancer.</p> <p>LokLF; ds eukd keftd] rkjrE; ds : i eifrcy] 0; fDrRo ,oaI keftd I eFku A gn; okgdak fodfr] ,M@, p-vkb-oh] e/keg] d@ j A</p>
bdkb7 &5 Unit- 5	<p>Conditions/Resources promoting and maintaining health. Psychological, economic and, Spiritually-Oriented Interventions. Development of healthy habits and reduction of unhealthy behavior.</p> <p>LokLF; ds mU; lU ,oaI j{k.k dh fLFkr; k rFkk I d k/ku A eukoSKfud] vkkFk] rFkk vkl; kfRedrk mUed[k gLr{ki] LoLFk vknrkdk fodkl rFkk vLoLFk 0; ogkj dk gkI A</p>

#### Books Recommended:

Aboud, F.E.(1998). Health Psychology in Global perspective. Thousand Oaks, CA: Sage.

Bishop, G.D.(1994). Health Pshchology: Integrating Mind and Body. Boston. Allyn & Bacon.

Brannan, L., & Feist, J.(1996). Health Psychology; An Introduction To Behaviour and health. Pacific Groove, CA: Brooks/Cole.

Broome, A.K. & Llewellyn, S.(1995). Health Psychology, London: Chapman & Hall.

Friedman, D.M. (1989). Health Psychology. New York: Prentice- Hall. Gatchel, R.J. & Baum,

A, Frantz, D.S. (1989). An Introduction to Health Psychology New York: Mc Graw Hill.

Misra, G.(Ed.) (1999). Psychological perspectives on stress and Health. New Delhi; Concept.

# **DEVI AHILYA VISHWAVIDYALAYA,INDORE**

**Session 2012-13 onwards**

**Subject - Psychology**

**Semester - IV**

**Optional Paper IV Environmental Psychology**

**Max. Marks 100/100** %85+15 CCE

%Particular/fooj .k:

	<b>I etVj &amp;IV</b>
bdkbz &1 Unit- 1	Introduction: Nature and characteristics of Environmental Psychology. Historical Overview of environmental psychology. Research methods in environmental Psychology, Environmental perception, cognition and attitudes. <i>i fjp; % i ; kbj.k eukfoKku dh izfr , oafokkrk, , frgkfl d ifjn'; ] i ; kbj.k eukfoKku dh 'kkf fof/k; kWA i ; kbj.kh; iR; {khdj.k] I Kku rFkk vfHkofRr; kWA</i>
bdkbz &2 Unit- 2	Theoretical approach to Environmental psychology: Arousal, Environmental load, Under stimulation approach, optimal stimulation, Behavior constraint, Barker's ecological approach. <i>i ; kbj.k eukfoKku ds I S kird mi kxe%mnkyu] i ; kbj.kh; Hkj] fuEu&amp;mnahi u mi kxe] mi ; Dr mnahi u mi kxe] 0; ogkj fu"kk mi kxe] cdj dk ifjfLFkfrd; mi kxe A</i>
bdkbz &3 Unit- 3	Environmental Stress: Natural disaster and technological catastrophe, noise, heat and air pollution. Crowding and Urban stress. <i>i ; kbj.kh; ifrcy%ikfrd vki nk rFkk rdudh foHkh"kd] 'kj] rkide rFkk ok; qinlk.k A HkhM+rFkk 'kgjh ifrcy A</i>
bdkbz &4 Unit- 4	Personal space, Territoriality, architecture and behavior. <i>0; fDrxr Hkkfxrk] Hkkfxrk] vfHk; k=dh I jpu ,oa0; ogkj A</i>
bdkbz &5 Unit- 5	Changing behavior to save the environment, Pro-environmental behavior: Promoting Pro-environmental behavior. Environmental ethics and values. <i>i ; kbj.k I j{k.k gsrq0; ogkj eifjorlu] ii ; kbj.kh; 0; ogkj]] ii ; kbj.kh; 0; ogkj dk mlu; u A i ; kbj.kh; usfrdrk ,oew; A</i>

**Recommended Books:**

Fisher, J.D., Bell, P. Baum. A.(1984). Environmental Psychology (2 nd Ed.). New York:

Holt, Rinehart & Winston.

Holahan, C.J. (1982) Environmental Psychology: New York: Random House.

Mirilla, B. and Gianfranco, S. (1995). Environmental Psychology: A Psycho-Social. Introduction, London: Sage Publications.

Nagar, D. (2006). Environmental Psychology. New Delhi: Concept Publishing Company.

Robert, B. (1997). Environmental and behavior: An Introduction London: Sage

Publications. Stokols, D. (1997). Perspectives in Environment and behavior : theory, research and application, New York : Plenum Press.

**DEVI AHILYA VISHWAVIDYALAYA,INDORE**

**Session 2012-13 onwards**

**Subject - Psychology**

**Semester - IV**

**Optional Paper V Educational Psychology**

**Max. Marks 100/100** %85+15 CCE

**Unit I**

**Educational Psychology : Meaning, Scope and methods. Role of Psychology in education, objectives of teaching educational Psychology.**

**f' k{kk euksoKku%& vFk] {ks=] fof/k; kW f' k{kk es euksoKku dh Hkfedk] f' k{kk euksoKku ds v/; ki u ds m|s ; A**

**Unit II**

**Concept formation- thinking, problem solving Creativity and Reasoning.**

**Unit III**

**Motivation : Curiosity, Exploration, expectancy, achievement motivation, Role of motivation in learning.**

**vflki j .k]ft Kkl k]vlošk.k]i R; k' k]mi yfc/k vflki j .k]vf/kxe  
ea vflki j .k] dh H]edk A**

**Unit IV**

**Effective Teaching : Characteristic of a good teacher, Keys of Success; Effective teaching of different subjects and different students, Teaching methods.**

**i t]koh v/; ki u % ,d vPNs f'k{kd dh fo'kskrk, W I Qyrk dh  
d]t h]fH]u fo | kfFk; ka ,oa fH]u fo"k; k]ds fy; s i t]koh v/; ki u]  
v/; ki u fof/k; k]A**

**Unit V**

**Evaluating Performance : Measurement and Evaluation Types of educational Assessment, Projective and non-projective tests. Assessing and dealing with Pupil variability : Nature and measurement of intelligence ability grouping-mental retardation: Learning disabilities, Physically handicapped, gifted and Talented Students.**

**eW; kdukRed fu"iknu ( Kki u ,oaeW; kdu] 'ks{k  
fu/kkj .k ds i zdkj i zki h ,oavi{ki h i jh{k.k A fo | kfFk; ka dh  
fofH]urk dks eW; k]dr djuk ,oamI ds fy; s0; oLFk]djuk( c]ndh i zdr ,oaeki u ; k] rk I eg] ekufI d enrk vf/kxe  
vI eFk]k 'k]hfjd fodykxrk] i frH]k'kyh ,oa i dh.k fo | kfH]z A**

Session 2012-13 Onwards

Class                    M.A. Psychology

Paper Title              Practical Work For IV Semester

**One Practical of 50 marks .**

Total Marks 50

Total five Practicals which include experiments and tests will be conducted. Students will be given One practical

Work in the examination for evaluation of 50 marks . Marks distribution scheme will be as given below.

Total Marks : 50

Sessional : 10

Viva : 10

Conduction of Experiment or Test 30

Class M.A. Psychology

Semester IV

Paper Title Research Project Work

Total Marks 50

The student will plan and execute a Research project related to psychological issues / problems / variables under the supervision of faculty. The students will present the work for evaluation.

