

# Ordinance No. 163 (Revised)

## B. P. Ed. (Bachelor of Physical Education)

1. Name of the Course : B. P. Ed. (Bachelor of Physical Education)
2. Name of the Faculty : Faculty of Physical Education
3. Duration of the course: One Academic year / 2 semester course. (As applicable)
4. Eligibility :  
As per National Council for Teacher Education (NCTE) norms, rules and regulations from time to time.  
Bachelor's Degree with Physical Education as an elective subject with fifty percent marks.  
Or  
Bachelor's Degree with Physical Education as an elective subject with Forty five percent marks and participation in National or State or Inter-university competitions in sports or games or athletics recognized by Association of Indian Universities (AIU) or Indian Olympic Association (IOA)  
Or  
Bachelor's Degree with forty five percent marks and having participated in National or State or Inter-university sports or games or athletics recognized by Association of Indian Universities (AIU) or Indian Olympic Association (IOA)  
Or  
For deputed in-service candidates (i.e trained physical education teachers / coaches) Graduate with forty five percent marks, and at least three years of teaching experience  
The reservation in seats and relaxation in the qualifying marks for SC/ST/OBC and other categories shall be as per the rules of the State Government.
5. Admission Procedure : Admission will be made on merit and it will be based as following or as per policy decided by the State Government.

i. Written Examination (1 Hour) (Based on General Knowledge, Sports Events and Reasoning)	40 marks	
ii. Bonus Marks for Qualifying Exam		
60% & above	10 Marks	
50% and above but below 60%	08 Marks	
45% and above but Below 50%	06 Marks	
40% and above but Below 45%	04 Marks	
iii. Modified AAHPER Youth Fitness Test	60 Marks	<i>Annexure I (a)/I (b)</i>
iv. Bonus marks for Sports Proficiency		
a) Participated in International competition	15 Marks	
b) Secured 1st, 2nd, 3rd Place in all India Interuniversity/Nationals	10 Marks	
c) Participated in all India Interuniversity/ Nationals	05 Marks	
<b>Total Marks</b>	<b>125 Marks</b>	

- Note: i. A candidate will be required to produce medical fitness certificate from registered medical officer at the time of entrance test. (*Annexure - II*)
- ii. To be eligible for admission the candidate must secure at least 24 marks out of 60 marks in Modified AAHPER Youth Fitness Test.

6. **Total Seats:** As per approved by National Council for Teacher Education (NCTE) and Affiliating university.
7. **Eligibility for the award of the degree:** A candidate shall be eligible for the degree of Bachelor of Physical Education when he/she has completed the requirement of examination successfully. Candidate should obtain degree within three years of duration.
8. **Attendance :**
- (a) Attendance in theory and practical subjects shall be compulsory. A minimum of 75% attendance is required separately for each theory and practical subjects.
  - (b) The final examination shall be held at the end of each semester or the announced date by the University after fulfilling the required working days norms i.e. 200 working days. (100 working days in each semester)
9. **Fee Structure:** As decided by Madhya Pradesh Government/ Admission and Fee Regulatory Committee of M.P. Government/ Affiliating University from time to time.
10. **Examination, Curriculum and Related Regulations** will be as per university/State Govt. rules.
11. **General:**
- (a) For matters not covered in this ordinance, relevant rules and regulations shall apply. In other matters the executive council of university shall be competent to take decision.
  - (b) This ordinance is subjected relevant modifications notified by regulatory bodies like NCTE/UGC from time to time.

बी.पी.एड. पाठ्यक्रम में प्रवेश हेतु  
Admission in to B.P.Ed. course

**\*NORMS FOR MODIFIED AAHPER YOUTH FITNESS TEST  
(BOYS)**

MARKS	TEST ITEMS						MARKS
	50 Mts Dash (Sec)	Pull-Ups Overarm Grip (No.)	Bent Knee Sit-Ups (No.)	Shuttle Run 10x4mts (Sec)	Standing Broad Jump (Mts)	600 mts Run /Walk (Sec)	
10	5.49	16	67	7.60	3.00	99.00	10
9	5.87	15	61	8.13	2.89	102.84	9
8	6.23	13	55	8.66	2.78	106.68	8
7	6.63	11	50	9.19	2.67	110.52	7
6	7.01	10	44	9.72	2.56	114.36	6
5	7.39	8	38	10.25	2.45	118.20	5
4	7.77	6	33	10.78	2.34	122.04	4
3	8.15	5	27	11.31	2.23	125.88	3
2	8.53	3	21	11.84	2.12	129.72	2
1	8.91	1	15	12.37	2.01	133.56	1
0	9.29	0	10	12.90	1.90	137.40	0
MEAN	7.39	8.00	38.30	10.25	2.45	118.20	MEAN
S.D	0.54	2.39	8.18	0.75	0.16	5.48	S.D
SCALE INTERVAL	0.38	1.67	5.73	0.53	0.11	3.84	SCALE INTERVAL

Formula for converting performance into Marks (i.e. raw score into scale value)

$$\text{Marks} = (ZV - X) / SI$$

For test items (50 Mts, Shuttle Run & 600 Mts Run/Walk)

$$\text{Marks} = (X - ZV) / SI$$

For test items (Pullups, Situps & St. Broad Jump)

Where,  
 X = Actual Performance in the test  
 ZV = Zero value of the scale in particular test  
 SI = Scale Interval of the particular test

Note: The highest and lowest marks for any performance in any test item will be 10 & 0 respectively.

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Annexure - I (b)

**\*NORMS FOR MODIFIED AAHPER YOUTH FITNESS TEST  
(GIRLS)**

MARKS	TFST ITEMS						MARKS
	50 mts Dash (Sec)	Inclined Pull-Ups Overarm Grip (No.)	Bent Knee Sit-Ups (No.)	Shuttle Run 10x4mts (Sec)	Standing Broad Jump (Mts)	600 mts Run /Walk (Sec)	
10	6.19	70	48	9.03	2.65	102.15	10
9	6.74	64	44	9.65	2.47	113.28	9
8	7.29	58	39	10.27	2.29	124.41	8
7	7.84	52	34	10.89	2.11	135.54	7
6	8.39	46	30	11.51	1.93	146.67	6
5	8.94	40	25	12.13	1.75	157.80	5
4	9.49	34	20	12.75	1.57	168.93	4
3	10.04	28	16	13.37	1.39	180.06	3
2	10.59	22	11	13.99	1.21	191.19	2
1	11.14	16	7	14.61	1.03	202.32	1
0	11.69	10	2	15.23	0.85	213.43	0
MEAN	8.94	39.9	25.10	12.13	1.75	157.80	MEAN
S.D	0.78	8.69	6.62	0.88	0.25	15.90	S.D
SCALE INTERVAL	0.55	6.08	4.63	0.62	0.18	11.13	SCALE INTERVAL

Formula for converting performance into Marks (i.e. raw score into scale value)

$$\text{Marks} = (ZV - X) / SI$$

For test items (50 Mts, Shuttle Run & 600 Mts Run/Walk)

$$\text{Marks} = (X - ZV) / SI$$

For test items (Pullups, Situps & St. Broad Jump)

Where,

- X = Actual Performance in the test  
ZV = Zero value of the scale in particular test  
SI = Scale Interval of the particular test

Note: The highest and lowest marks for any performance in any test item will be 10 & 0 respectively.

चिकित्सा प्रमाणपत्र  
(मान्यता प्राप्त चिकित्सा अधिकारी द्वारा प्रमाणित)

**MEDICAL CERTIFICATE**  
(To be certified by a Registered Medical Officer)

1. Name:- \_\_\_\_\_ Sex:- \_\_\_\_\_ (M/F) Blood Gr. \_\_\_\_\_
2. Height (in cm):- \_\_\_\_\_ Weight(in kg):- \_\_\_\_\_
3. Physical appearance and Musculature:- Robust/Average/Weak \_\_\_\_\_
4. Previous History of Fracture or other injuries (Give Details):-  
\_\_\_\_\_  
\_\_\_\_\_
5. C.N.S.:- \_\_\_\_\_
6. C.V.S.:- \_\_\_\_\_
1. Respiratory System:- \_\_\_\_\_
2. Liver:- \_\_\_\_\_
3. Spleen:- \_\_\_\_\_
4. Hernia Site:- \_\_\_\_\_
5. Throat:- \_\_\_\_\_
6. Ears (Perforation/Discharge/Any other) :- \_\_\_\_\_
7. Hearing:- \_\_\_\_\_
8. Eyes:- \_\_\_\_\_ Vision(Without Glass):- \_\_\_\_\_
9. Color Blind (Partial/Complete):- \_\_\_\_\_
9. Any Body deformity (Such as Kyphosis, Lordosis, Scoliosis, Knock Knee, Bow  
Legs Flat Feet etc):- \_\_\_\_\_
10. History of Epilepsy, Asthma, T.B., V.D., Allergy, etc.:- \_\_\_\_\_
11. Sensibility to drugs ,if any :- \_\_\_\_\_

I certify that I have this day carefully examined (Name) \_\_\_\_\_  
And have recorded my observation as given above. I am satisfied that he /she is fit/unfit for  
undergoing training in Physical Education which involves strenuous physical activities and  
competitive games. I further certify that the candidate has been inoculated/vaccinated for:

- |                        |                        |
|------------------------|------------------------|
| (a) Tetanus: _____     | (b) Typhoid : _____    |
| (c) Chickenpox : _____ | (d) Hepatitis-b: _____ |
| (e) Any Other: _____   |                        |

Signature of the Candidate

Date: \_\_\_\_\_

Signature: \_\_\_\_\_  
Name: \_\_\_\_\_  
Reg. No. \_\_\_\_\_  
Address: \_\_\_\_\_  
Seal: \_\_\_\_\_